

Decision Tree – Yours, Mine & Ours

For: Rae

Contributors: Mom, Dad, and Denine

Areas for decision	Yours (Be specific, who?)	Mine (The person supported)	Ours (Shared decisions)
Medical care; including providers of medical, procedures, medications to take, etc.	Mom/Dad/Support: Diabetic advice based on sugar and weight counts	Following diabetic advice (eating, exercise, sugar, rest, etc)	How to implement and follow through with the diabetic mgmt ideas – staying creative
Finances: how to spend money, what to buy with extra money;	Mom/Dad: Buy major purchases (medical, living, clothes, etc) and transportation passes.	Money I save and earn is for my own decisions. I am learning how to budget money and how to spread it out over time and across different things I like	Mom/Dad: We talk together about ideas for how to spend it before it is agreed to be given or spent.
What services will be accessed-	Medical Transportation Support	Medical Transportation Support	We try to talk about all support Rae receives with her to make sure she feels comfortable, safe and supported with the people around her.
Who I live with	Mom/Dad: We enjoy Rae living with us and it is a safe and healthy decision. If it ever changes, we will bring the team together to figure this out.	I enjoy living with my parents right now. If that ever changes, I will exhibit behavior to show my change of thought and work with my support team to share this perspective.	Mom/Dad: We enjoy Rae living with us and it is currently a safe and healthy decision. If it ever changes, we will work with the team to brainstorm other possibilities.
Daily Living	Rae is not a picky eater. With this, she is still trying to learn healthy food choices. So we have to help with this.	Rae decides if/when she wants to go to the coffee shop. Based on finances she cannot always go and she is trying to learn this.	Thinking of ways for Rae to interact in the community other than just the coffee shop.